



Caitlin Hamilton Marketing & Publicity, LLC

826 View Harbour Road

Knoxville, TN 37934

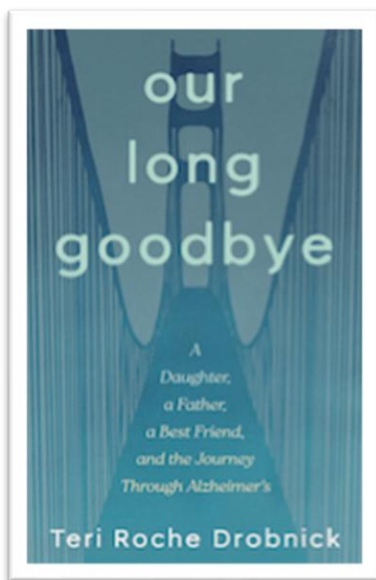
www.caitlinhamiltonmarketing.com

Caitlin Hamilton Summie, caitlin@caitlinhamiltonmarketing.com

Rick Summie, rick@caitlinhamiltonmarketing.com

***A DAUGHTER GRIEVING HER FATHER'S ALZHEIMER'S DIAGNOSIS
BONDS WITH HIS BEST FRIEND OF EIGHTY YEARS
AND RECONNECTS WITH HER FATHER THROUGH THE STORIES HER UNLIKELY NEW FRIEND SHARES***

November is Alzheimer's Awareness Month



"With deep respect and a daughter's devotion, Drobnick explores the delicate power of memory and the friendships that shape us. Ultimately, her snapshots in time create **a beautiful mosaic of anticipatory grief and unbreakable bonds.**"

—Samantha Rose, author of *Giving Up the Ghost: A Daughter's Memoir*

"A beautifully written tribute that **captures both the heartbreak of Alzheimer's and the enduring power of love, friendship, and family. An absolute treasure.**"

—Cherie Kephart, author of *A Few Minor Adjustments*

"...Bobby emerges as an individual whose life was lived in the fullest, even though Alzheimer's disease took much of it from him. **The power and benefits of telling the story of one life are vivid and palpable. Alzheimer's may end a life, but it cannot erase the memory of who the person was and is.**"

—Peter V. Rabins, MD, MPH, professor emeritus at Johns Hopkins School of Medicine, co-author of *The 36-Hour Day*, and author of *Is It Alzheimer's?*

OUR LONG GOODBYE:

A Daughter, A Father, A Best Friend, and the Journey Through Alzheimer's

By Teri Roche Drobnick

In her moving memoir, Teri honors her father Bobby's life with help from his lifelong best friend. But first, Teri struggles to get her dad diagnosed accurately. Once she learns he has Alzheimer's, she searches for reliable, safe eldercare. His decline is a death before a death, and Teri understands, as a licensed clinical social worker, that her mourning is called 'anticipatory grief.' She knows all the right things to tell herself about managing the process, but it doesn't stave off her mounting heartbreak.

As Bobby's memory slips, his best friend, also named Bob and whom Teri affectionally calls Uncle Bob, remembers for him. Uncle Bob recounts their pranks and escapades as fraternity brothers at Cal, their tragic losses of children, and special vacation traditions, all in service of Teri's goal to bring her father to vivid life on the page. She becomes acquainted with her father in a beautiful new way, through her new friendship with Uncle Bob.

With a narrative braided between past and present, accentuating her loss, ***OUR LONG GOODBYE*** is a poignant farewell from a daughter to her father, beautifully rendered and suffused with love; it's a celebration of a principled, hardworking man; and a powerful testament to the importance of close friendships among men.



TERI ROCHE DROBNICK worked in the medical field as a licensed clinical social worker and now writes full time. Since losing her father to Alzheimer's, she has worked as a volunteer community educator for the Alzheimer's Association. She is the author of a children's book, *Moving Day*, which *Publishers Weekly* called "charming, entertaining, and full of heart." When Teri's not writing, she can be found hiking or rowing on the Petaluma River. Raised in Lafayette,

CA, she has two grown daughters and currently resides in Petaluma, CA, with her husband and her best friend, Hobie, a Goldendoodle. Learn more at the following:

Website: TeriDrobnick.com

Instagram: [instagram.com/teri.drobnick](https://www.instagram.com/teri.drobnick)

Facebook: [facebook.com/teri.drobnick](https://www.facebook.com/teri.drobnick)

X: x.com/teridrobnick

Substack: [TERI'S TIDINGS | Substack](https://www.substack.com/p/teri-s-tidings)

RE: *OUR LONG GOODBYE: A Daughter, a Father, a Best Friend, and the Journey Through Alzheimer's*
by Teri Roche Drobnick

She Writes Press (imprint of The Stable Book Group), distributed by Simon and Schuster

PUB. DATE: November 3, 2026, ISBN 979-88963-6-196-1, Memoir, 256 pages, \$18.99 paperback, 5.5" x 8.5"

E-book ISBN 979-8-89636-197-8, \$12.99

Photo by Eileen Roche Photography



For more information, please contact:

Caitlin Hamilton Summie, President

Caitlin Hamilton Marketing & Publicity, LLC

[303-725-2613](tel:303-725-2613) / caitlin@caitlinhamiltonmarketing.com